

Star of the North Academy



BREAKFAST MENU

MONDAY	WG Cereal (Cinnamon Toasters / Cheerios / Honey Scooter / Golden Grahams)
	Milk (1% low fat, Fat free Chocolate)
	String Cheese
	Fruit Cup / Fruit Juice & Applesauce (Unsweetened)
TUESDAY	WG Muffins or WG Granola Bar
	Milk (1% low fat, Fat free Chocolate)
	Yogurt (Nonfat)
	Fruit Cup / Fruit Juice & Applesauce (Unsweetened)
WEDNESDAY	WG Cereal (Cinnamon Toasters / Cheerios / Honey Scooter / Golden Grahams)
	Milk (1% low fat, Fat free Chocolate)
	String Cheese
	Fruit Cup / Fruit Juice & Applesauce (Unsweetened)
THURSDAY	WG Muffins or WG Granola Bar
	Milk (1% low fat, Fat free Chocolate)
	String Cheese
	Fruit Cup / Fruit Juice & Applesauce (Unsweetened)
FRIDAY	WG Cereal (Cinnamon Toasters / Cheerios / Honey Scooter / Golden Grahams)
	Milk (1% low fat, Fat free Chocolate)
	String Cheese
	Fresh Fruit / Fruit Cup / Fruit Juice & Applesauce (Unsweetened)

**Menus are subject to change.*

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